**Environment**

Wind

Rustling Leaves

Twigs Falling/Cracking/Breaking

**Water**

Rippling, Dripping, Dropping

Movement - Rivers, Waterfalls, Rapids

**Player**

Movements - Fabric

Breathing Effects

**Fauna**

Birds Flapping, Tweeting

Fish Splashing

Insects - Crickets, Fireflies

**Boat**

Oars Moving (Against Boat, In Water)

Hull Creaking

Seat Sliding

Collisions - Boats, Terrain  
  
**Music**

Serence, Subtle Music (almost inaudible)

Race Music

**References**  
  
Nature

[https://www.youtube.com/watch?v=xNN7iTA57jM](https://www.youtube.com/watch?v=xNN7iTA57jM&ab_channel=TheGuildofAmbience)

Birds: 1:40:00  
  
Rowing  
[https://www.youtube.com/watch?v=\_CAU8-U\_rg8](https://www.youtube.com/watch?v=_CAU8-U_rg8&ab_channel=SleepySoundsFactory)

[https://www.youtube.com/watch?v=N\_c9EectK5Q](https://www.youtube.com/watch?v=N_c9EectK5Q&ab_channel=indoorrowingsceneryandworkout)

Spring Morning:

[https://www.youtube.com/watch?v=UZ9uyQI3pF0](https://www.youtube.com/watch?v=UZ9uyQI3pF0&ab_channel=HealingNature%26Meditation)

Farm House:

[https://www.youtube.com/watch?v=W-94JGuYef0](https://www.youtube.com/watch?v=W-94JGuYef0&ab_channel=TheVaultofAmbience)

Waterfall:

[https://www.youtube.com/watch?v=93WGk4Zw\_bg](https://www.youtube.com/watch?v=93WGk4Zw_bg&feature=share&fbclid=IwAR1mkRVsbu3RWKC2OmPj-dW-yxrxDnR-sgZzlX3e4dGrk4kWm06rukkyQr8&ab_channel=PowerThoughtsMeditationClub)

Background Music:

<https://www.youtube.com/watch?v=BklGhQYKl30>

Fast Music:  
  
  
  
POV

<https://www.youtube.com/watch?v=0I4_JC6JGJQ&ab_channel=Alex>